



Dear Nordic working time researchers,

We have the pleasure of inviting you to the WINC 2026 (Working Hours in the Nordic Countries) symposium, which will take place at the historic Lysebu Hotel in Oslo:

<https://lysebu.no/>

The symposium will be held on Friday the 18th of September 2026, as a full-day, in-person event. In addition, we warmly invite all participants to join a complimentary conference dinner on the evening of September the 17th at the Lysebu hotel. We strongly encourage attendees to take part in this informal gathering as an opportunity for networking and discussion ahead of the symposium.



Photos: Lysebu

Call for abstracts

We welcome submissions of abstracts, particularly those presenting unpublished results. Abstracts will not be published or made electronically available.

Deadline for submission: June 1, 2026

Abstract requirements:

Maximum 300 words. Abstracts should be submitted as a Word document or PDF to:

winc2026@stami.no

Please include the following headings:

- Title
- Author(s) and affiliation(s)
- Introduction
- Participants and methods
- Results
- Conclusion

Please indicate whether you prefer an oral or poster presentation when submitting your abstract.

The symposium will include oral presentations based on submitted abstracts. All presentations (including posters) must be delivered in person.

Registration

Registration details and link: <https://stami.no/working-hours-in-the-nordic-countries-symposium-2026/>

Deadline for registration: June 24, 2026

Participation in the symposium is free of charge and covered by the National Institute of Occupational Health in Norway (STAMI), including lunch and the conference dinner on the 17th of September. Participants are expected to cover their own travel and accommodation expenses. Accommodation at Lysebu Hotel is arranged through the registration form. Further information on how to reach Lysebu Hotel, including public transportation options from the airport and other locations in Oslo, will be provided at a later stage.

Information on preceding NIVA course

We would also like to inform you that a NIVA course on *Working Hours and Occupational Safety and Health* will take place from the 15th –17th of September 2026 at STAMI in Oslo. Participants attending both the NIVA course and the WINC symposium should note that transportation between venues must be arranged individually. Lysebu Hotel is located approximately 30 minutes north of STAMI by metro. For accommodation during the NIVA course there are hotel options near STAMI. For more information on the NIVA course, please visit: <https://niva.org/course/working-hours-and-occupational-safety-and-health/>

What is WINC?

The main aim of the WINC symposium is to share new research findings and support networking among working time researchers in the Nordic countries. For more information about the WINC network, please visit <http://nfa.dk/winc>

This invitation is distributed to Nordic working time researchers known to the organizers. Please feel free to forward it to colleagues who may be interested.

For more information on the WINC symposium, please contact: winc2026@stami.no

Best wishes on behalf of the WINC Steering Committee,
Dagfinn Matre, Martine Pedersen, Anne-Mari Gjestvang Moe and Jenny-Anne S. Lie

(local organizers)